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EXPERIENCE OF SCENAR-THERAPY APPLICATION COMBINED WITH BIOLOGICALLY ACTIVE ADDITIVES IN COSMETOLOGY

Nowadays, the significant experience of Scenar application when treating diseases of therapeutic character is saved up. The high efficiency of this method is determined by its ability to raise the organism adaptive reserves.

Action of some biologically active additives is also directed for the adaptive mechanisms activation and homeostasis keeping at cellular and membrane level. It is necessary to mark the perspective of Scenar-THERAPY application combined with the biologically active additives (BAA) (produced by VITAMAX corporation) in cosmetology if we take into account the connection between the state of viscera, adaptable mechanisms and the state of skin and subcutaneous fat.

We developed the original technique of complex application of Scenar THERAPY and BAA. The application of the adaptive and stress limiting techniques of Scenar -INFLUENCE (techniques of the general action) in the beginning of treatment is a necessary element of the therapeutic course. The application of BAA like “optimax”, “gingo biloba”, “aquamarine” is also directed for activation of internal organism reserves.

70 patients aged from 28 till 56 years have been under supervision for one year. They have complaints of pathological, adipopexia (cellulites), and also because of wrinkles appearance and flabbiness of face and neck skin.

At the first stage of the therapy, the patients marked the normalization (decreasing) of appetite, sleep improvement, increasing of work capacity, mood. In the case of gastro enteric tract activity pathology you could notice its restoration.

The primary goal of the next stage was the metabolism normalization. That's why the dietary program selected individually in the combination with Scenar-influence on zones of adipopexia (in the stomach, hips area) and on the skin of face and neck was recommended to the patients. The BAA “nutruklinz” was prescribed additionally. The “interosan” was also applied in some cases. The complex of strong ferments, bifid and lako-bacteria were used by indications.

All 70 patients marked the significant reduction of cellulites expressiveness at this stage. So, there was waist volume decreasing (1-1,5 sm for one procedure on average). We'd like to note the efficiency of Scenar THERAPY application when strias treating in the areas of stomach and hips. The average loss of weight was 3-4 kg per week. Patients paid attention to the

increasing of belly muscles tone, and also muscles of internal and forward hip groups. The processing of the face and the neck was combined (as other procedure) with the “vitamax” mask for face brace. All the patients marked the significant improvement of face and neck skin fine wrinkles around the eyes, on the forehead and in the mouth area disappeared. The skin turgor raised. The double chin vanished, the skin color improved.

BAA like “vitabalanse 2000”, “green magic A, C, E” combined with Scenar-THERAPY procedures were prescribed 1-2 times per week for the results fastening and prolongations after the main course.

Thus, the technique developed for women by authors of combined applications of Scenar-THERAPY and BAA allows not only to restore the health, but also to return the youth and beauty.