

S.V.Moiseev, T.C. Moiseeva REFLECTIONS ON THE EFFECTIVENESS OF SCENAR THERAPY

The number of devotees of SCENAR therapy increases with every day. These are the specialists, who have mastered a new direction of therapy, and the thankful patients, who are then recommending this method to their friends. The geographical area is expanding and the number of users is increasing. Many years of using the family of SCENAR devices practically are filled with stories, miracle recoveries, cures and improvements of health (SCENAR fairytales). Virtually all SCENAR therapists have achieved results, which have been considerably different to analogous results achieved before practising with SCENAR. These results are published in compilations, which are then presented in conferences and inter-regional seminars. At the same time there appears to be some negative feedback. Analysis of this feedback shows that not all users are skilled enough in SCENAR therapy and therefore, do not understand its particularity. Exactly at this point, there arises disbelief and attacks of skepticism from, sometimes well known and titled, medical doctors.

What if we try to find reasons for the failures? Maybe they are not failures at all? Do we always correctly assess the results? Are we patient enough?

Let's revise some points of SCENAR philosophy. During treatment, a system: "patient - device -therapist" forms. Final results depend on contributions from each element of this system.

To start with, let's look through a connecting link - "device". Today, the company ZAO OKB "Rhythm" produces a few versions of these devices, which are different to each other by their functional capabilities. Each individual version is good in it's own way and in skilful hands, brings perfect therapeutic results. Paganini could play violin beautifully, using just on one string!

Therefore, the leading parts of the system are the "patient" and the "therapist".

For a full recovery it is necessary to have equality between the therapist and patient. For a full recovery a person needs to believe in their own force, to trust in their own knowledge, judgements and sensations, and not least to officially accept somebody else's opinions.

When a person is ill, they should have the courage to listen to his or her own body and to express his or her own sensations. Then, "a disease will not be the inevitable conclusion, where the person feels left in the hands of fate, but will be accepted as a disturbance of the physiological process, of which, correction will involve the sick person consciously taking part." (V alter Guess) [2].

The leading role in the system belongs to the therapist. And, even though they sincerely wish to help, sometimes they do have failures. One of the reasons for this is the loading of instructions and directives by medical authorities. But the only condition necessary for the understanding of the philosophically methodological particularity of SCENAR therapy is to have a non-prejudiced approach and to be free from stereotypes of mentality. This must be the answer to the question, why are therapy results often better from therapists who are not medical doctors?

The way out from this situation is in the constant self-improvement of the therapist and the patient; the search for new knowledge; in the systematic approach to a person as a whole, not as just a set of separate organs; and in understanding the connection which unites these sub-systems.

Therefore, the task of the SCENAR therapist is not in the cure of all diseases in the world, which is not possible anyway, but is in understanding the fundamental laws of NATURE, **and the skill to teach a patient how to be ill correctly.**

There are many answers, which yourself and your patients can find, in the science of **Homeopathy**, which is in keeping with SCENAR technology and can help to explain many things.

Homeopathy determines health as a state of freedom, which exists in three interconnected levels (energetic fields): **mentally-spiritual, emotionally-psychical and materially-physical.**

"Health - is the freedom from pain in a physical body, the state of wellbeing; freedom from emotional passion, expressing a dynamic state of tranquillity and unflappability;

freedom from egoism in the mental area, expressing an absolute union with Truth"[1].

In other words, a healthy person feels full of physical energy, has the sensation of freedom from physical disturbance, is emotionally quiet and has the freedom of self-expression with a creative clarity of mind. With severe symptoms, deep influences on the vitally important areas of personality are involved. When assessing the general state of a patient, the homeopath considers first, most importantly, the mental state, then the emotional state, and only after this - the physical state.

The SCENAR therapist should know and explain to a patient the laws and the rules of SCENAR technology and homeopathy for the most effective results. Unfortunately, not all doctors and patients know and understand these laws. That is why it is possible to misinterpret an achieved result.

According to the First Herring law, the process of healing begins developing from the deepest areas of the organism (mental and emotional levels, in the vital organs), then continues to the exterior parts of it, which are as important as the others, such as skin and the extremities. The healing process progresses if there is observed a relief from the emotional symptoms in the patient, even if physiological symptoms are made worse (provided that the physiological symptoms are not pathological). In the end, when the process of healing moves to the external levels, there is observed a relief from even superficial symptoms. On the other hand, if physiological symptoms are relieved, but there is deterioration in the mental and emotional state, we should deduct that the health state of the patient has been made worse.

The Second Herring law says that in the development of the treatment process, symptoms emerge and disappear in chronological order, disappearing in the order that they first appeared. SCENAR therapists often have to observe that their patients start feeling symptoms that they had earlier, even those they may have had many years earlier. Sometimes there is often a connection with a chronic illness, but of course, this is not a worry for the competent therapist and the prepared patient.

According to the Third Herring law, the process of healing develops from the top to the bottom parts of the body. For example, the state of a patient, suffering with arthritis, would be considered as improved, if pain became less in the neck area, but pain sensation in the joints of the fingers was still there [4].

"The correct way of healing: in the beginning the INNER state is improved, then the BODILY symptoms, which improve from the INSIDE to the OUTSIDE, from the TOP to the BOTTOM and from the LATEST to the EARLIEST sufferings." [5].

Knowledge of Hering laws helps to assess the results, gained in the course of the therapy, and it helps the components of the treatment process (therapist, patient and relatives) to use the same language and definitions and also to understand any appearing SCENAR complications.

George Vitulkas, a contemporarily acknowledged homeopath (Alternative Nobel Prize 1996), in his work [1], demonstrated the hierarchy of the different levels of the energetic composition of man, listed various symptoms for each level and the degree of their influence on the health state.

Mental, emotional and physical levels with their own various systems are classified in decreasing orders of importance and are presented by him in the table.

The position of each actual symptom in the table does not reflect the degree of severity; nevertheless you can use it for assessing the progress of treatment based on Herings laws.

Even though this classification could be imprecise, it gives the appropriate basis of a countdown to understanding the concept of suppression. For example, if a person suffers from a skin disease - eczema - and the eczema itself, due to suppressing treatment (e.g. - corticosteroid ointment) disappears, changing into asthma, then the health of this person is destroyed. His/her condition has moved to an incorrect direction, deeper into the body. Reversing this process, though, could bring a cure.

Mental Level	Emotional Level	Physical Level
Complete confusion of Destructive delirium	Suicidal depression	Brain disease
Paranoid ideas	Apathy	Heart disease
Hallucinations, delirium	Sadness, melancholy	Endocrine disturbance
Lethargy	Suffering, soul torment	
Mental retardation	Phobia, fear	Liver diseases
Absence of concentration	Anxious state	Lung diseases
Forgetfulness	Irritability	Bone diseases
Absent-mindedness	Dissatisfaction Discontinuation	Muscular disturbance
		Skin diseases

Each of these levels - mental, emotional and physical - even though they are complicated by their own nature, composes an independent separate essence, differing by it's own frequency of vibration and informational structure. The organism reacts on any stimuli, co-ordinating with their own adaptable-compensatory ability, individually, distributing a final reaction within one, two and even three levels.

These levels are united by that vital force (prana, orgon, bio-energy and universal energy) which makes the difference between a living and a dead person. Vitulkas considers that vital force is in fact, electromagnetic (electro-dynamic) oscillations, which are individual to each organism. He not only considers, he brings a whole range of proof from the position of a modern physic. The criteria used in the assessment of vital force is the frequency and amplitude of the oscillate movement. Is not the answer possibly here to the question: why is SCENAR so effective? It is not out of the question that the impulses of SCENAR, by dynamically changing, tuning and matching the pathological process, influence that very vital force, acting like an electronic similitude to the vital force.

It is not enough for the thinking SCENAR therapist to hear that a symptom disappeared after giving treatment, he/she needs to analyse which changes took place: improvement and deterioration, using the above described criteria.

There are no two identical patients, therefore, there are no identical pictures of influence. Dynamism must be present not only in the state of the patient, but also in the picture of influence. Device instructions and lectures should be consulted as general recommendations.

Of course, we should not forget words said by Yu.V. Gorfinkel: "There are more effective methodises not found then those which are in use." [3]. Only an individual approach to the patient, only following the rules and principles of SCENAR technology, only the mutual efforts of the SCENAR therapist and the patient (and his/her relatives) will increase the effectiveness of the work.

Failure could be a result after the first meeting with the patient. Taking anamnesis, it is preferable to make the patient participate in the process of treatment. It is important to listen to the patient attentively and sometimes to point out the complaints, which he/she could have forgotten. Often you would need not only a "transverse slice" of the patent, i.e. to know what is happening with him at the present time, but also a "longitudinal slice" or bibliographical anamnesis. In other words, we must immerse into the history of the patient, as the SCENAR actually restores the health state. Reappearance of old complaints are possible due to incorrect treatment before. It is possible to explain this from the positions of miasms. Accordingly, the correct prognosis of the duration and effectiveness of the therapy needs to be done.

The theory of miasma allows the foresight of the shift of manifestation of disease in the course of therapy, to understand the logic of behavior of the organism and assesses correctly the limits of the therapists' ability. Knowing miasma theory, you can answer many questions: " Why is that when using the SCENAR, the sharper impulse, the better?" "Why do children get more benefit?" (Although occasionally, they do not benefit). Here is the answer to the question of the terms of the treatment and an explanation of the achieved result. In other words, we need "to study, study and study..."

Some cases from practise:

Casebook: Female, 38 years, was in hospital for a long period of time (14 months with short breaks) because of progressive *lung disease*. Complaining of constant shortage of breath (dyspnea), accumulating phlegm, suffocation. Various diagnoses were made and according to them she was given drug therapy. Remission lasted only for 2 - 3 weeks. The disease was progressing. The phlegm could only be removed mechanically and there it was discovered *Bacillus aeruginosa*. The course of antibiotic therapy and physiotherapy did not result in any improvement.

A SCENAR therapist found out from her anamnesis, that she had suffered with constipation for the last few years, a stool occurred only once a week, hard in consistency and defecation is with pain (doctor prescribed laxatives).

At the first SCENAR procedure: there is pronounced dyspnea on exertion (she goes up one flight of stairs with difficulty), there is a deterioration of fresh air. In sleep there is no relief, as it is disturbed. Her mood is depressed, a feeling of hopelessness, there is no energy to look after herself. There are reproaches at work, she is under threat of dismissal. The phlegm is a viscous, green color, brought up with difficulty. The doctor's recommendation is to get registration for disability.

SCENAR treatment (with a SCENAR - 97.4) was given every day, according to the rules. Lung projections, three pathways and six points - were treated; particular attention was paid to the gastro-intestinal tract; also the zones of hands and feet were not forgotten. Duration of the procedures was 20-30 minutes. The patient was asked before and after the procedure for any new complaints to determine the dynamic. All medication was cancelled.

After the first procedure the patient could breathe deeper and freely, without dyspnea she went up to the first floor. For the first time in months, she slept better. On the third day a "sparkle of life" appeared in the eyes. She became confident that she could fight the disease. From the fourth day her stool was back to normal and after eight procedures became regular, every day. From the fifth day the phlegm became less intensive and easier to bring up. The test results gradually went back to normal. There was an opportunity to use the diagnostic set "Rista -EPD" in order to make some corrections. The patient had the ability to walk outside. The will to solve her job problem appeared. With every day she felt better and better.

After receiving 20 everyday procedures of SCENAR treatment, the woman was discharged from the hospital without any complaints and with normal test results from the laboratory. During the next nine months, there was no deterioration observed in her condition. Her work relationship was restored.

Casebook: Female, 60 years, complained of pain in the thumb joints of both hands. Nothing else was disturbed. From anamnesis, it was found out that she had had pains in the stomach since childhood. At age 20 she had her appendix removed and since then, kept having discomfort under the scar. At age 47 she had an operation concerning polyps in the stomach and for a stomach ulcer; for the past two years she had been having "tubage" (emptying) of the gallbladder in connection with gastro-duodenal reflux. She vomited periodically with bile; suffered with constipation (stool once a week). The patient was slightly quarrelsome, irritable. She was also on a strict diet. She was tested on the complex (set) "Rista -EPD" following the method of Nakatani (riodaraku). The SCENAR therapist held a clarifying talk with this patient about the mechanisms of healing according to Gering laws and about the model of health according to Vitulka. Attention was paid to a sluggish pathological process, presence of complaints, which the patient had got used to and she was warned about possible SCENAR-reactions.

SCENAR treatment was applied mainly to the joints, but the principles of SCENAR Technology were not forgotten. At this stage, there was not a quick improvement in the joints, but on the fourth day her stool became more frequent, still not regular though. After eight procedures suddenly the temperature had risen, and pain emerged in the area of the gallbladder and waist. The procedures had to be done a few times a day. The patient was saying ironically: "

You started work on a healthy woman and now you've made her ill!", but still she believed in her recovery. According to her complaints and symptoms there was added a homeopathic remedy. The temperature and pain soon stopped after abundant stool masses with gallstones came out; also stones from the kidney came out as well, her stool went back to normal, an appetite had emerged. The range of food was gradually extended. Psycho-emotional state was improved, irritability disappeared, and sleep and the fitness to work had improved. After 18 days a break was made in the course, as values of "Riodoroku" went back to normal even though complaints of pain in the joints diminished only by 50%. The decision was made to give the organism the chance to work independently on the problem.

After one month the fistula appeared in the old scar above the removed appendix. During the next few days, puss discharged from the fistula, discomfort in the right iliac area disappeared and the fistula closed up. During this time the patient did not have SCENAR treatment. After half a year elapsed, she had a 7-day course repeated. There has not been any aggravation since and there was quick dynamic in the joints. The patient was pleased with the achieved results.

Who assesses the work of the SCENAR therapist? Colleagues, chiefs? Of course, not, only the patient. He/she is the judge and his/her reactions orientates the direction of the healing. The reactions could be various, but they are always present. We should remember this. If a patient, after treatment says, "Everything is the same, nothing has changed" - do not trust to such information. Try together with the patient to see changes on different levels and analyse the direction of the process of healing. People just forget how to listen to themselves and to think abstractly. The patient must understand that he/she will have to work, that is why his/her task is to observe attentively all nuances of their feelings and their changes. SCENAR therapy - is a process, where the way to get success is for the therapist and the patients (and sometimes the relatives) to equally take part.

To sum up, I can say that the SCENAR therapist is armed with a wonderful device, which can help the patient in their striving for health. The therapist is an artist, who has got the best palette for creation. But, without soul and the philosophy of understanding Nature and Existence, nothing perfect can be created. That is why for success in the work you need:

To reassess your own view and actions!

Forget all stereotypes!

Refuse to think narrow-mindedly!

Comprehend all processes of dynamic nature - there is nothing constant, not in medicine, or in life!

Learn how to wait for results and correctly assess achievements!

Share gladly the bitterness of failure with colleagues!

Look for mistakes first in yourself and only then blame your surroundings and SCENAR!

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