

Subbotina G. 2-years catamnesis of SCENAR – therapy.

The results of such investigations are interesting, because the catamnesis during a prolonged time essentially increases the faith in the method or device. Besides, there were no such works until now.

The aim of this work is to observe the remote results of SCENAR-therapy. The cases of 102 patients with chronic diseases received SCENAR-therapy from October of 1994 till February of 1995 were analyzed. Questioning, examination, and the results of clinical and laboratory methods were used. All the patients got SCENAR –therapy in combination with healing blanket, in individual cases SCENAR- therapy was combined with phyto- and Su-djok therapy. The standard methods were used: influence on three tracks, the work according the rules, along the zones and in direct projection. The mode of influence – individually-dosed and continuous in combination.

The patients were divided into the following groups (the figure shows the number of the patients in the group):

- epilepsy – 4;
- osteochondrosis (root syndrome, spondillitis, disks hernia) – 9;
- sleep disorders, headaches – 5;
- antritis, vasomotor rhinitis, atrophic rhinitis, polynosis – 4;
- sterility – 8;
- fibromioma – 2;
- ischemia – 3;
- mastopathy – 3;
- urolithiasis – 3;
- bronchial asthma, chronic bronchitis – 4;
- ulcers of stomach and duodenum – 6;
- diseases of liver, biliary tracts, pancreatitis – 4;
- cholelithiasis – 4;
- diseases of lower extremities vessels – 5;
- arthritis, arthrosis – 6;
- allergodermatosis – 5;
- breaking of menstrual cycle – 3;
- psoriasis – 1;
- inguinal hernia – 2;
- ischemia insult (posttraumatic)- 1;
- the group of children pathology – 20, including:
 - the consequences of birth traumas of the spinal cord and cerebrum-4;
 - frequently ill children with recurrent bronchitis – 3;
 - dismetabolic nephropathy – 3;
 - enuresis – 3;
 - opistorhosis – 1;
 - lambliosis – 2;
 - scoliosis of the 1st and the 2nd degree – 4.

Catamnesis on the groups.

Children with neurological symptomatology (consequences of birth traumas) during the mentioned period had a significant improvement of objective and subjective psychoneurological symptomatology level (in comparison with the control group – children, receiving the basic therapy). We'd like to point out the treatment effectiveness depends on child's age (from the moment, when SCENAR-therapy started). For example, 12-days child got SCENAR-therapy on account of acute intestinal infection (8 procedures); when he was 1 month, neuropathologist during examination didn't find the syndromes; the child had got on the moment of discharge

from the maternity hospital (spastic tetraparesis, Greff syndrome, hydrocephal-hypertension syndrome).

Children with recurrent bronchitis from the group of frequently ill, after the course of SCENAR-therapy (10 procedures), recovered, during epidemical period, at increase of respiratory viral infections number they easily coped with the illness without medicines therapy. 2 patients on the moment of discharge from the hospital laboratory analysis revealed steady normalization of the serum immunoglobulins levels.

Children with dismetabolic nephropathy (USI without organic pathologies) had improved habitus (suborbital cyanosis, the state of superior eyelids). Complaints on the weakness, quick fatigability disappeared; there was no salt sediment in urine analysis, its specific gravity increased (before SCENAR- therapy – 1007 – 1011, after (in 9-10 months) – 1015 - 1020).

Enuresis – 2 children had 1 course of SCENAR-therapy (10 procedures); 1 child (enuresis in combination with encopresis) – 2 courses 10 procedures each. All the children had a deferred result – in 2-3 month after the end of the treatment there was disappearance of enuresis and encopresis.

Opisthorchiasis – 1 child. There were several courses of SCENAR-therapy, the first one in October of 1994, and the next - at acute period (ARI, otitis, gastrointestinal tract dyskinesia with pain syndrome and common trauma). During the control examination under stationary conditions in August of 1996 – functional test and USI – normal, there were no opisthorchiasis.

Lambliosis. After the very course of SCENAR-therapy there were no lamblias. During the observed period the children didn't make any complaints in the pain in the stomach, dyspeptical disorders, or disorders of the stool. The habitus got improved. In control analyses from the 2nd and the 4th of September of 1996 – there were no lamblias.

Scoliosis. It was enough 1 course of SCENAR-therapy fro 7-12 year old children with scoliosis of the 1st – 2nd stage to objectively mark not only improvement of bearing, muscles tone, normalization of the backbone axis, but disappearance of the complaints on the part of inner organs (pain in the heart, stomach).

Epilepsy. 2 children of 14 years got 1 course of SCENAR-therapy. The attacks stopped and EEG didn't reveal the hearths of epiactivity.

Young men of 19 and 26 years old with epilepsy, after having got 2 courses of SCENAR-therapy didn't get positive dynamics. Maybe, it can be explained by the disorder of psychic status of the patients.

Osteochondrosis. From 19 people with the root syndromes and acute radiculitis without organic changes on the X-ray photographs, the pain was mixed after several procedures in the process of the 1st course of SCENAR-therapy. During catamnesis period 8 patients (42%) had, practically no pains. 6 patients (32%) had repetitions of the pains but they proceeded easily, more seldom and could be quickly mixed. Disks hernia, which 2 patients had, disappeared (1 – has a radiographic proof, another – computer tomography proof).

The patient, 42, had hormonal spondilopathy, with not mixed pain syndrome and was unsuccessfully treated by all kinds of allopathic medicine (during 6 months). There was course of SCENAR-therapy (27 procedures during 2 months). Now the patient is able to work (his work is connected with physical load), there was only one acute period, which was easily removed with the help of Su- Djok therapy.

The patient with mielopathy, complaints on the pains in the arm, frequent loss of consciousness, hemiparesis and muscle athrophy had 2 course of SCENAR-therapy. Functional activity of the arm restored in full measure.

The patients with neurosis, disorder of the sleep, headaches had disappearance of objective and subjective symptomatology at once after the first course of SCENAR-therapy. They didn't have such problems during the whole pointed period (1, 5 – 2 years).

In the group of ENT pathology – there was improvement after several (2-5) procedures of SCENAR-therapy – restoration of the breath, sense of smell. Rontgenography showed the restoration of sinuses structure. Otolaringologists think that SCENAR-therapy effect can't be

compared with the most modern methods (tonsillor, ultrasound irrigation of nasopharynx, tonsils massage, transference method). The patients escaped the sufferings, connected with different medical manipulations – sinuses puncture, transference, maxillary sinusotomy. Catamnesis: refusal from the drops, restoration of the sense of smell, nose breath. If there were acute periods, they had an easy and seldom currents. Remember one of the most important tasks of the medicine – find such a way of treatment, which won't bring him sufferings.

Sterility. Out of 8 patients, 4 patients had 1 course, 4 patients – 3-4- courses. 4 patients didn't have the effect. Patients, who had several courses of SCENAR-therapy (2 patients) became mothers. Women, who had 1 course of SCENAR-therapy (1 – on account of renal colic, 1 – on account of sterility) became mothers also. Thus, the effectiveness of treatment is 50%.

Phybromiomas. A woman of 45 years. After 2 courses of SCENAR –therapy menstrual cycle normalized, general state improved, subjective symptomatology (pains, weakness, abundant, prolonged secretions in the period of menstrual cycle) disappeared. Phybromioma of other patient after the 1st course of SCENAR – therapy decreased. Now she feels well and is observed by gynecologist.

Ischemia. The patients didn't have pain attacks after one course of SCENAR-therapy. 2 patients refused medicaments therapy. ECG showed improvement of metabolic processes.

Mastopathy. 2 patients had decrease of nodes (USI) in two times, refused operation, marked disappearance of complaints and normalization of state of health. One patient has a complete resorption of the nodes (according to USI data) and she was struck off the register by mammologist.

Urolithiasis. After procedures of SCENAR-therapy small concretions removed. Control USI in September of 1996 there were no concretions found. One patient of 40 years before SCENAR-therapy had 4 stones (according to USI) and 1 stone of prostate gland. After 2 courses of SCENAR-therapy on the control USI in August of 1996 there were only 2 stones left, which decreased twice.

All the patients with cholelithiasis, who got from 1 to 3 courses of SCENAR-therapy, control USI didn't show any no pathological changes, complaints disappeared, there was no colic, pain syndrome, which periodically appeared, was easily and independently stopped. All the patients refused the diet and escaped traumatic operations (all of them were to undergo cholecystectomy).

Chronic bronchitis. Shortness of breath of all the patients disappeared, cough, phlegm amount, frequency and the gravity of complications decreased.

Bronchial asthma. Positive dynamics was reached only after several courses of SCENAR-therapy. The condition stabilized after the appearance of abundant phlegm.

Ulcer disease, pancreatitis, dyskinesia of gastrointestinal tract. Here we observed the most amazing results. All the patients after one course of SCENAR-therapy had cicatrice on the place of an ulcer (according to fibrogastroscopy), subjective symptomatology disappeared, and all refused medical diets. There were no acute periods during the mentioned period.

Allergodermatosis. We succeeded in decreasing the gravity of the disease of all the patients; the process of skin eruption was localized and decreased. One patient of 30 years old, had suffered from psoriasis for 6 years, her skin completely cleared from patches after 3 courses of SCENAR-therapy, itching disappeared also. During the period of catamnesis there were two acute periods, which manifested in the kind of pale small patches. They disappeared after short treatment by SCENAR.

Male patient, 20 year, consequences after the wound of the carotid artery, ischemic insult, left hemiparesis and according epilepsy. After 2 courses of SCENAR –therapy marked the improvement of muscles tone, restoration of the motor functions in affected extremities and significant decrease of epileptic attacks.

2 children with inguinal hernia were directed by the surgeons to operation. After one course of SCENAR-therapy (from 9 up to 12 procedures) there were no signs of the disease. After the end of the treatment a surgeon examined them and he gave this conclusion.

Disease of low extremities vessels. During the mentioned period the improvement of the general state was observed; edematas, pain and lameness disappeared and didn't appear again. Venous picture without changes but functional restoration are on hand.

Deforming osteoarthritis. Three patients had positive dynamics, SCENAR-therapy was started on the highest point of acute period and there were several courses. In these cases the functioning, volume of the movements are improved, pains decrease. SCENAR-therapy, begun during the period of relative remission, didn't bring the expected result.

Conclusions:

1. Irrespective of the reached ultimate result (on account of the main complaint, which was the reason of patients' turning to SCENAR therapy) all the patients mark improvement of their state, mood, sleep, disappearance of the weariness, increase of the capacity for work and energy.

2. General statistics doesn't reflect true effectiveness of SCENAR-therapy. SCENAR treats the patient, influencing not on the separate painful processes, but on the protective powers of a person, that's why correctly chosen method can hold up or liquidate several diseases at once. In conservative medicine the effectiveness of the treatment is estimated without taking into account general state of the patient or state of other organs and systems.

3. Quite a big percentage of the so-called failures after SCENAR-therapy is determined by the absence of the anamnesis, as quite often there is a deferred positive result; thus, the estimation of SCENAR-therapy effectiveness must be done not only after the end of the course, but also in some months after it

4. From the described ontological forms, the desired effect of treatment deforming osteoarthritis, sterility, fibromyomas is the most difficult to achieve, though all the patients have improvement of other organs and systems.

5. It is necessary to work out criteria of effectiveness estimation, relying on the originality and uniqueness of SCENAR- therapy. Human health is difficult to divide on the separate diseases. Only the observation of the health level with taking into consideration a lot of parameters and, maybe, with accent on some pathology, will allow to make right conclusions.