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TO THE QUESTION OF THE GENERAL TREATMENT METHODS USAGE

Recently it has been a deep overturn in the attitude to the health and illness. A lot of people began to think and look for the best ways of treatment, in the basis of which –the look at the person as on a single whole. The second principle of this approach- the most effective way of illnesses treatment is the increasing of the health potential of the ill person, peculiar tuning with the help of the correctly selected treatment.

Scenar- therapy is a regulative therapy and is realized with the help of the adaptive systems (AS)[1], i.e. nervous, endocrine and immunity systems. As a matter of fact, when forming the compounding of influence it is necessary to analyze the syndromes of the patient, to examine the clinical symptoms as the adapted reactions from the corresponding AS and use the areas of the AS: three tracks, segments C3,C4. “palm”, stomach areas and others. Local influences should be applied after the carrying out the general method.

The general conception of the regulative functional “holistic” medicine lies in fact that a person is a single whole on the physical, emotional and mental levels[2]. Vitulkas suggests to present an illness as a original cone. The apex of the cone–is in the mental layer, broadening while the illness become a chronic one; its base is on the physical layer. When a person falls sick, the symptoms appears on the physical layer, physical body. But, in reality, the illness begins on the mental layer, and the organism tries to protect the vitally important organs as long as possible, and to restrain the illness as far from the center as possible.

Some time later, because of different reasons, the illness[3] spreads to the physical body and, thus, those clinical symptoms, which make the patient feel uncomfortable, and with which he comes to the doctor reveal. If the doctor works, paying attention to the patient’s complaints and using the local methods only, his treatment can turn out to be ungrateful and not efficient.

The Scenar–therapists (together with their patients) know, that not the disappearance of the symptoms of the physical layer, the local complaints are first results, but the improvement of sleep, appetite, mood, energy, and. The patients have the feelings of easiness, happiness, flight. I.e. AS are the first to answer on the regulation, influence , and, thus, following the logic of our organism, one should prefer zones and methods of general treatment.

We can speak about the local treatment(i.e. the influence on the local zones, according to the patient’s complaints) only in the case of acute disease, urgent situation, when the cone didn’t have time to rise up and its base and its apex are the same zone.

We don't speak here about the acute condition of the chronic disease (with all the cones, inherent.) because the acute complaint not always corresponds to the real problem. Every attentive Scenar -therapist could observe it in his practice.

LITERATURE.

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